

WRITING SUB-TEST – TEST BOOKLET

INSTRUCTIONS TO CANDIDATES

You must write your answer for the Writing sub-test in the **Writing Answer Booklet**.

You must **NOT** remove OET material from the test room.

Ques No - 1

Occupational English Test

WRITING SUB-TEST: NURSING

TIME ALLOWED: READING TIME: 5 MINUTES

WRITING TIME: 40 MINUTES

Read the case notes and complete the writing task which follows.

Notes:

Assume that today's date is 22 January 2019

You are the nurse in a Community Health Centre. A patient you have been monitoring is moving to another city to live with his daughter.

PATIENT DETAILS:

Name: Mr Peter Dunbar

DOB: 18 Mar 1932

Current medication:

Metformin 500mg 3x/day (oral hypoglycaemic)

Ramipril 5mg daily (anti-hypertensive, ACE inhibitor) – for hypertension

Warfarin variable 3-5mg (anti-coagulant)

Sotalol 40mg daily (beta blocker)

Treatment record:

- Sep 2017** Diagnosed with type 2 diabetes August 2016. Fasting blood sugar levels (BSL) = 9
Doctor recommended dietary management: low-fat, low-sugar, calorie restriction; limit alcohol. ↑Exercise
Pt lives at home with wife. Wife cooks. Wife managing dietary requirements, but Pt likes 2-3 glasses wine with meals
- Dec 2017** Wife deceased. Pt depressed/grieving. Referred back to doctor for monitoring/medicating
Fasting BSL = 9. Pt non-compliant with diet. Excessive fat, salt, sugar, alcohol (wine/beer)
- Mar 2018** Doctor prescribed metformin (oral hypoglycaemic agent). Now Pt cooking for self – non-compliant with diet. Non-compliant with medication. Blames poor memory
Pt appears unmotivated. Resents having to take medication: 'always been healthy'
Takes medication intermittently; encouraged to take regularly
Educated regarding need for regular medication and potential adverse effects of intermittent dosing
Discussed strategies of memory aids
- Jun 2018** Pt hospitalised (City Hospital, Newtown) with myocardial infarction (MI) following retrosternal pain, nausea/vomiting, dizziness, sweating. Confirmed by ECG
Treatment: aspirin, streptokinase infusion. Prescribed ramipril 5mg daily. Diagnosed with atrial fibrillation post MI – commenced sotalol and warfarin
- Jun-Aug 2018** Pt attended twice weekly

- Oct 2018** Pt now walking with a stick. Signs of diabetic neuropathy. Poor exercise tolerance. Restricted mobility
Non-compliance with diet continues. Still self-catering. Discussed alternatives e.g., community-based meal delivery service; moving in with adult children (son/daughter); retirement village
Had respiratory infection 2 wks ago. Amoxicillin prescribed. Pt discontinued all other medication as felt unwell. Resumed medications but still only taking intermittently
Again provided education re importance of adherence to drug regimen
- 22 Jan 2019** Pt attended with daughter. Pt moving to Centreville to live with daughter & her husband.
Daughter will cook – requires education re Pt needs & monitoring
Daughter advises that Pt resistant to dietary alterations and medication regimen.
Still misses or doubles dose – all medication. Refuses to reduce salt, sugar, alcohol, fatty food
Pt continues to require monitoring & encouragement
Letter to transfer the Pt to the care of the community health nurse in Centreville, where the Pt is moving to live with his daughter

Writing Task:

Using the information given in the case notes, write a letter to the Community Health Nurse in Centreville, outlining the patient's history and requesting ongoing monitoring. Address the letter to the Community Health Nurse, Eastern Community Health Centre, 456 East Street, Centreville.

In your answer:

- **Expand the relevant notes into complete sentences**
- **Do not use note form**
- **Use letter format**

The body of the letter should be approximately 180–200 words.

Ques No - 2

Occupational English Test

WRITING SUB-TEST: NURSING

TIME ALLOWED: READING TIME: 5 MINUTES
WRITING TIME: 40 MINUTES

Read the case notes and complete the writing task which follows.

Notes:

Assume that today's date is 30 August 2019.

You are a nurse at a boarding school. Jake Peterson is a male student at your school and has come to you complaining of hair loss and associated depression.

PATIENT DETAILS:

Name: Jake Peterson
DOB: 17 Mar 2001 (18 y.o.)
Address: School: Holly House School, Brenkridge

Social background:

Student at boarding school for past 8 yrs
Parents work & live abroad
Father (male-pattern baldness – onset in 50s)
Mother (depression – onset in 40s)
Non-smoker; 20 units alcohol/wk
Karate black belt; champion swimmer

Presenting complaint:

Alopecia – hair loss from 13 y.o.; intermittent cycles (loss and regrowth); aetiology not confirmed – various possibilities
?Depression

TREATMENT SUMMARY:

Mar 2014	School clinic – presented with hair loss in patches; anxiety ?onset – school bullying incident, Pt said 'not a major thing' Referral to trichology specialist
May 2014	Trichologist: no aetiology established; possibly exacerbated by stress Prescribed steroid cream (betamethasone dipropionate 0.05% cream 1-2x/day for 3mths) Personality changes, aggression + sleep loss Medication discontinued
2014 - 2018	No further hair loss; intermittent hair regrowth

- Dec 2018** Return of anxiety and pronounced hair loss
General health check – ↓6kg over last 2mths
Recommended to see doctor re hair loss, anxiety, weight loss. Student reluctant, asked about natural remedies, e.g. homeopathy. Discussion re efficacy, student still keen to try
- Feb 2019** No results + cost implications of homeopathic treatment (kalium carbonicum and silicea)→ student ↑distress and low mood
Problems forming/maintaining peer relationships
Affecting sports participation
- Mar 2019** Referred to school counsellor – did not attend
- May 2019** Check-up: ↑ alcohol consumption, min 28 units/wk
- June - July 2019** Exam time – extreme anxiety (necessary to arrange separate exam room) – ↑hair loss
- 30 Aug 2019** Student concerned about transition to university shortly and independent living
Letter to university medical practice:
- monitor
 - organise special exam arrangements

Writing Task:

Using the information given in the case notes, write a letter to Mrs Kullan, a university practice nurse. In your letter, briefly outline Jake Peterson's history and your concerns. Address your letter to Monica Kullan, Senior Nurse Practitioner, University of Marchbank Health Centre, Hillsdunne Rd, Marchbank.

In your answer:

- **Expand the relevant notes into complete sentences**
- **Do not use note form**
- **Use letter format**

The body of the letter should be approximately 180–200 words.