

Class 12 Home Science PYQ

HE2: Early Childhood Care and Education

CLASS 12 | HOME SCIENCE

CHAPTER 19 | PYQ

Early Childhood Care and Education

Board-style chapterwise practice for 2026-27
Care, play, preschool readiness and child development

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Chapter-wise board-style practice for the 2026-27 syllabus. This pack is prepared from NCERT themes because the local chapterwise PYQ sheet has no Class 12 Home Science worksheet.

Source note: This is not a reproduced board-paper extract. It is a transparent NCERT-theme-based practice set covering early childhood care, holistic development, play-way learning, preschool readiness, safety, nutrition and caregiver roles.

Section	Marks	Count
Very Short Answer	1 mark	8
Short Answer	2 marks	6
Three-Mark Questions	3 marks	6
Long Answer	5 marks	4
Case-Based Practice	4 marks	3

Very Short Answer

1 mark

- 1 Define early childhood.
- 2 What is early childhood care and education?
- 3 Name one domain of development in early childhood.

- 4 What is play-way learning?
- 5 State one need of a preschool child.
- 6 What is school readiness?
- 7 Name one activity that supports language development.
- 8 What is a child-friendly learning environment?

Short Answer

2 marks

- 1 Write two objectives of early childhood care and education.
- 2 Mention two features of a good preschool programme.
- 3 Why is play important in early childhood learning?
- 4 Write two ways in which nutrition supports early childhood development.
- 5 Mention two roles of a caregiver in an early childhood centre.
- 6 How can stories and rhymes support language development?

Three-Mark Questions

3 marks

- 1 Explain three principles of early childhood care and education.
- 2 Describe three needs of children in the early childhood stage.
- 3 How do play, music and art support holistic development?
- 4 Explain the role of family, preschool and community in early childhood development.
- 5 Why should preschool activities be age-appropriate and child-centred?
- 6 Describe three ways to make an early childhood centre safe and inclusive.

Long Answer

5 marks

- 1 Discuss the meaning, need and importance of early childhood care and education.
- 2 Explain how ECCE supports physical, cognitive, language, emotional and social development.
- 3 Describe the qualities of a good early childhood programme with suitable examples.
- 4 Analyse the role of caregivers, parents and preschool teachers in preparing children for school.

Case-Based Practice

4 marks

- 1** A preschool class has children who do not speak much during group activities. Suggest four language-rich activities for them.
- 2** An early childhood centre wants to improve safety and inclusion. Mention four measures it should take.
- 3** A caregiver notices that children learn better during play than through formal drilling. Explain four reasons for using play-way learning.

Quick Revision Grid

Use before attempting the PDF

ECCE Revision Map

Connect care, development, play and school readiness

Care

health, nutrition, safety, affection and responsive routines

Development

physical, cognitive, language, emotional and social growth

Learning

play, stories, rhymes, art, music and exploration

Readiness

self-help, attention, communication and group adjustment

Strong answers link child needs with age-appropriate activity.

Topic	Must revise	Common error to avoid
ECCE	care and education for children in the early years	writing only classroom teaching
Holistic development	physical, cognitive, language, emotional and social growth	explaining one domain only
Play-way learning	learning through activity, exploration, stories, art and music	formal drilling for preschoolers
Caregiver role	safety, affection, observation, routine and stimulation	listing duties without child needs
School readiness	self-help, communication, attention and group adjustment	treating readiness as reading-writing only

Answer Writing Map

For 3 and 5 mark questions

ECCE Answer Map**1****Name the child's need or development domain****2****Add the care response: safety, nutrition, affection or routine****3****Add the learning activity: play, story, rhyme, art or music****4****Close with the outcome: readiness, confidence or holistic growth****Avoid formal-drill answers. ECCE answers should be child-centred.**

- Start with the age group, need or development domain in the question.
- Add the care response, such as nutrition, safety, affection, health or routine.
- Add an age-appropriate activity such as play, rhyme, story, art, music or exploration.
- Close with holistic development, school readiness, confidence or social adjustment.