

CAT 2026 Exam Preparation

Structured Study Plan • Preparation Checklist • Mock Tests • Revision

BUILD CONCEPTS	PRACTISE	MOCK + ANALYSE
Strengthen VARC, DILR & QA	PYQs + timed practice	Improve accuracy & strategy

CAT 2026 Exam: November 29, 2026

Use this plan to organise your preparation around concepts, practice, mocks, analysis and final revision.

How to Use This Preparation Plan

Step	What to do	Checklist
1	Assess	■ Take a baseline mock ■ Identify strong & weak areas
2	Build	■ Complete concepts ■ Prepare formula/shortcut notes
3	Practise	■ Topic-wise questions ■ PYQs ■ Timed practice
4	Test	■ Sectional tests ■ Full-length mocks
5	Analyse	■ Review wrong/guessed questions ■ Maintain error log
6	Revise	■ Revisit weak topics ■ Repeat important questions

Section-Wise Preparation Checklist

VARC	DILR	QA
■ RC fundamentals ■ Main idea & central theme ■ Inference-based questions ■ Tone & purpose ■ Para summary ■ Para jumbles ■ Odd sentence ■ RC timed practice ■ CAT PYQs	■ Tables & charts ■ Arrangements ■ Games & tournaments ■ Selection & distribution ■ Venn/set-based problems ■ Caselets ■ Set selection practice ■ Timed DILR sets ■ CAT PYQs	■ Arithmetic ■ Algebra ■ Geometry ■ Number System ■ Modern Math ■ Topic-wise questions ■ Timed QA practice ■ Formula/shortcut revision ■ CAT PYQs

Recommended Preparation Cycle

Stage	Focus	Checklist
Concept Building	Strengthen fundamentals	■ Learn concepts ■ Solve basic-to-moderate questions ■ Make revision notes
Topic Practice	Improve application	■ Topic-wise questions ■ Previous-year questions ■ Track accuracy
Timed Practice	Improve speed & selection	■ Set time limits ■ Practise mixed questions ■ Skip/revisit strategically
Mocks	Simulate CAT	■ Full-length mock ■ Sectional tests ■ Follow exam-like timing
Analysis	Convert mistakes into improvement	■ Wrong answers ■ Guesses ■ Time-consuming questions ■ Recurring mistakes
Revision	Retain & sharpen	■ Weak topics ■ Formulas/shortcuts ■ Important PYQs ■ Error log

Preparation Tracker

Use this tracker according to your remaining preparation time. It is intentionally not tied to a fixed number of days.

Study Cycle	Target	Completed	Notes / Weak Areas
1	Concepts & fundamentals	■	_____
2	Topic-wise practice	■	_____
3	PYQs & previous CAT papers	■	_____
4	Timed section practice	■	_____
5	Sectional tests	■	_____
6	Full-length mocks	■	_____
7	Mock analysis	■	_____
8	Weak-topic revision	■	_____
9	Final revision	■	_____

Daily Checklist

■ QA practice	■ DILR set practice	■ VARC RC/VA
■ Timed questions	■ Revision	■ Error log
■ PYQ practice	■ Reading	■ Next session planned

Mock Test & Analysis Tracker

Record performance after every mock. The goal is to identify specific changes for the next attempt.

Mock	Date	VARC	DILR	QA	Total	Next Focus
Mock 1	_____	____	____	____	____	_____
Mock 2	_____	____	____	____	____	_____
Mock 3	_____	____	____	____	____	_____
Mock 4	_____	____	____	____	____	_____
Mock 5	_____	____	____	____	____	_____
Mock 6	_____	____	____	____	____	_____
Mock 7	_____	____	____	____	____	_____
Mock 8	_____	____	____	____	____	_____
Mock 9	_____	____	____	____	____	_____
Mock 10	_____	____	____	____	____	_____

After Every Mock — Checklist

- Identify wrong answers
- Identify guessed answers
- Check questions left due to time
- Find slow topics and question types
- Record recurring mistakes
- Re-solve important questions
- Update the error log
- Set 2–3 targets for the next mock

Final CAT 2026 Preparation Checklist

Area	Final Checklist
VARC	■ Revise RC approach ■ Review recurring VA mistakes ■ Practise timed RC sets
DILR	■ Revise common set approaches ■ Practise set selection ■ Review time spent per set
QA	■ Revise formulas & shortcuts ■ Revisit weak topics ■ Practise mixed timed questions
Mocks	■ Take final full-length mocks ■ Analyse each attempt ■ Lock attempt strategy
Revision	■ Review error log ■ Revise important PYQs ■ Avoid unnecessary new topics at the last moment
Exam Readiness	■ Check required documents/instructions ■ Plan exam-day logistics ■ Keep preparation routine consistent

CAT 2026 Preparation Formula

Concepts → Practice → PYQs → Timed Tests → Mocks → Analysis → Revision

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