

CBSE Class 10, 2026 Home Science Question Paper

Time Allowed :3 Hours	Maximum Marks :100	Total questions :38
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General Instructions

Read the following instructions very carefully and strictly follow them:

1. The exam is of 100 marks and 3 hours duration.
2. The paper is divided into Section A (Compulsory) and Section B (Elective).
3. Section A includes objective-type, short answer, and essay-type questions from the syllabus.
4. Section B consists of elective questions based on the chosen topic.
5. Answers must be written in neat and legible handwriting, adhering to the word limit.
6. Unfair means or electronic devices are strictly prohibited.
7. Candidates must write their Roll Number and correct question number.
8. No candidate may leave the exam hall before the allotted time.

1. Hands should be thoroughly washed for _____ to maintain personal hygiene.

- (A) 10 seconds
- (B) 15 seconds
- (C) 25 seconds
- (D) 20 seconds

2. When two activities are grouped together and scheduled together to save time and energy, it is called _____.

- (A) Fatigue
- (B) Time Plan
- (C) Labour saving
- (D) Dovetailing

3. At which age does a child have a vocabulary of 2000 to 2500 words?

- (A) 2 - 3 years
- (B) 5 - 6 years
- (C) 7 - 8 years
- (D) 9 - 10 years

4. Choose the incorrect pair of stain and its type.

- (A) Animal - Oil
- (B) Plant - Curry
- (C) Mineral - Rust
- (D) Dye - Paint

5. The stiffening agent used for finishing silk fabrics is _____.

6. Give an example of exploratory play for a 3–5-year-old child.

7. Why clothes should not be stored in moist conditions?

8. What is endomorphic body type in children?

9. What is Argemone? Give two of its harmful effects on human health.

10. What are fine motor skills? Give two examples of fine motor skills developed in early childhood years among 3–5-year-old children.

11. What kind of clothing should be worn by a food handler?

12. Define food safety and mention two ways by which FSSAI ensures safety of food.

13. Why do syndets give much better results as compared to soaps?

14. What are the factors that you will keep in mind for sorting out clothes before washing?

15. Mention two points to be kept in mind while storing leftover food.

16. List four ways in which consumer education helps the consumers.

17. Discuss any three factors that affect meal planning.
