

## CBSE Class 12 2026 Home Science Question Paper

Time Allowed :3 Hours	Maximum Marks :70	Total questions :32
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### General Instructions

**Read the following instructions very carefully and strictly follow them:**

1. All questions are compulsory.
2. This question paper contains 32 questions.
3. The question paper is divided into three sections – Sections A, B and C.
4. Section A has questions no. 1 to 14 Multiple Choice Questions of 1 mark each.
5. Section B has questions no. 15 to 21 of 2 marks each and questions no. 22 to 25 of 3 marks each.
6. Section C has questions no. 26 to 30 of 4 marks each and questions no. 31 and 32 of 5 marks each.
7. Internal choices are given in some questions.
8. Support your answers with suitable examples wherever required.

### Section - A

**1. What was the main aim in setting up of SOS Children's Villages?**

- (A) To provide preschool education to the children below 6 years.
- (B) To provide family-based, long-term care to orphaned and abandoned children.
- (C) To provide care and protection only to children with special needs.
- (D) To set-up the guidelines for the adoption of children of prisoners.

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**2. What type of food hazard will occur if food is contaminated with Rotavirus?**

- (A) Physical hazard

- (B) Visible biological hazard
  - (C) Invisible microbiological hazard
  - (D) Chemical hazard
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**3. Which of the following dress is a suitable example of Accented Neutral Colour Harmony?**

- (A) White frock with red belt
  - (B) Pink frock with red belt
  - (C) Yellow frock with red belt
  - (D) Red frock with red belt
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**4. Under which scheme of the Government of India were Kasturba Gandhi Balika Vidyalayas initiated?**

- (A) Integrated Child Development Services
  - (B) Article 16(1) of the Constitution of India
  - (C) Beti Bachao, Beti Padhao
  - (D) Sarva Shiksha Abhiyan (Now Samagra Shiksha)
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**5. In which of the following Government programme youth club use financial assistance and organise activities like mountaineering, trekking, canoeing, coastal sailing, etc.?**

- (A) Scouts and Guides
  - (B) Promotion of national Integration
  - (C) Promotion of adventure
  - (D) National Service Scheme
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**6. Which French term means “the art of dress-making”?**

- (A) Prêt-à-porter
- (B) Couture

- (C) Couturière
  - (D) Couturier
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**7. Why are eggs and dairy products considered high-risk foods?**

- (A) They are animal-based foods.
  - (B) They are high in protein, which bacteria prefer.
  - (C) They can be pasteurized.
  - (D) They require very little cooking time.
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**8. According to the National Youth Policy 2014, which of the following age-groups is defined as Youth in India?**

- (A) 18–35 years
  - (B) 18–25 years
  - (C) 16–30 years
  - (D) 15–29 years
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**9. Where is the consumer organisation CERC located?**

- (A) China
  - (B) Ahmedabad
  - (C) Delhi
  - (D) Australia
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**10. Which is the best method of water extraction from clothes in a washing machine?**

- (A) Spinning
  - (B) Bottom drain
  - (C) Combination of bottom drain and spin
  - (D) Tumbling
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**11. Human Factors Engineering is also known as \_\_\_\_\_.**

- (A) Anthropometry
  - (B) Biomechanics
  - (C) Ergonomics
  - (D) Entrepreneurship
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**12. Match List-I with List-II:**

List-I (Guest Cycle Stages)		List-II (Activity)	
i.	Arrival	1.	Check-out
ii.	Pre-arrival	2.	Coordination of guest services
iii.	Departure	3.	Check-in
iv.	Occupancy	4.	Quoting rates for the guests

Choose the correct option from the following:

- (A) i-3, ii-4, iii-1, iv-2
  - (B) i-4, ii-3, iii-2, iv-1
  - (C) i-2, ii-4, iii-1, iv-3
  - (D) i-2, ii-1, iii-4, iv-3
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**13. Given below are two statements, labelled as Assertion (A) and Reason (R).**

**Assertion (A):** One of the chief objectives of Early Childhood Care and Education (ECCE) is to ensure the holistic development of children to enable them to realise their full potential.

**Reason (R):** ECCE educators must realise the importance of each child's individual strengths and cultural context to design appropriate and inclusive activities.

Select the most appropriate answer from the options given below:

- (A) Both (A) and (R) are true and (R) is the correct explanation of (A).
- (B) Both (A) and (R) are true, but (R) is not the correct explanation of (A).
- (C) (A) is true, but (R) is false.
- (D) (A) is false, but (R) is true.

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**14. Given below are two statements, labelled as Assertion (A) and Reason (R).**

**Assertion (A):** Standardization marks ensure quality and purity of a product.

**Reason (R):** The fineness and purity of gold jewellery is indicated by Hallmark.

Select the most appropriate answer from the options given below:

(A) Both (A) and (R) are true and (R) is the correct explanation of (A).

(B) Both (A) and (R) are true, but (R) is not the correct explanation of (A).

(C) (A) is true, but (R) is false.

(D) (A) is false, but (R) is true.

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### Section - B

**15(a). A child of which age is called a toddler and how was this term derived?**

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**(b). Which institutional setting provides substitute care for young children? Mention any one facility provided by it.**

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**16 (a). Parineeta has completed her internship for her Postgraduate Diploma in Dietetics and is now searching for jobs in hospitals as a dietitian. Suggest two other career options she may consider.**

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**16 (b). Sonali is an integral part of the medical team in a district hospital. She assesses the nutritional status of patients admitted there and keeps records. Which two methods would she be using to assess the patients' nutritional status?**

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**17 (a). What is Public Health Nutrition? How is it different from Clinical Nutrition and Dietetics?**

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**17 (b). Which term is used to refer to micronutrient deficiency? Name any two important micronutrients whose deficiency is a public health concern.**

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**18. Sarabjit is concerned about the elderly people living in his colony. In the annual meeting with the residents of the colony, what two reasons would he give to convince them that the elderly are a valuable group?**

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**19. Daniel, an ECCE-trained teacher, is teaching counting to Grade 1 students using creative techniques such as rhymes, stories and dancing. Identify two other skills that he could use in his classroom.**

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**20. Mention two aspects that affect the care and maintenance of fabrics.**

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**21. Present one similarity and one difference between Print media and Information and Communication Technologies as methods of Development Communication.**

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**22. Yasmeen wants to get zari polishing on her old lehenga from a laundry. From which suitable laundry should she get it done? How is this laundry different from a household laundry?**

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**23 (a). Briefly describe any three consumer rights as laid down under the Consumer Protection Act.**

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**23. (b) After being trained in the area of consumer education and protection, in which three areas can an individual develop a career?**

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**24 (a). On the completion of 11 years of the Beti Bachao, Beti Padhao (BBBP) scheme, local leaders in the community are organising a public meeting to raise awareness about its best practices and objectives. Highlight any three key objectives of this scheme that may have contributed to changing mindsets of people.**

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**24 (b). Traditional handloom weaver, Champa Devi is in distress due to low source of income as their weaving craft is vanishing slowly. Encourage her by informing any three efforts/initiatives by the Government of India to revive their occupation.**

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**25. The media club of your school is preparing a Public Service Announcement on Swachh Bharat Abhiyan. As a team member, which three key features of Public Service Announcement will you follow while creating this message?**

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**26. The Housekeeping department in a hotel is primarily responsible for providing a healthy environment by ensuring cleanliness and hygiene.**

**(a) Which two personnel are responsible for cleaning various surfaces and materials in the hotel?**

**(b) Name any two cleansing agents used by them.**

**(c) Which two eco-friendly practices would be adopted by the Housekeeping staff for environmental conservation?**

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**27. An NGO working in a resettlement area wants to combat public nutrition problem by providing a healthy snack to children living there.**

**(i) Anticipate which strategy will it use to meet the nutritional needs of these children.**

**(ii) Provide any two advantages and any one disadvantage of using this strategy.**

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**27. (b) Some of the states in India, like Andhra Pradesh and Tamil Nadu, continue to face the problem of Iodine Deficiency Disorders (IDD) due to inadequate dietary intake of iodine by the people.**

**(i) Recognise the hormone whose secretion decreases due to iodine deficiency.**

**(ii) Mention any three symptoms seen in individuals suffering from IDD.**

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**28. In the fashion industry, fashion professionals conceptualise unique designs to meet consumer demands.**

**(a) Discuss any two roles of a fashion merchandiser.**

**(b) Outline any two ways of market segmentation.**

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**29. (a) Define phytochemicals.**

**(b) List any three skills that a professional clinical nutritionist/dietitian must possess.**

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**30. (a) Frozen peas and canned fruits are preserved foods. Elaborate any other three ways by which processed foods can be classified on the basis of extent and type of processing.**

**(b) Give any two examples of non-perishable food.**

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**31. (a) HACCP ensures food safety by identifying hazards. Give its full form.**

**(b) Describe four levels of food standards.**

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**32. (a) A textile designer uses stencil colour work while designing fabrics. Predict any two aspects of colour which he/she might use in designing and also elaborate the functions of colour.**

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**32. (b) Principles of design are the rules that govern how design elements are combined in the most appropriate way. Name any four principles of design used to produce an appealing dress and briefly describe any three of them.**

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