

Haryana Board 2026 Psychology Question Paper (Memory Based)

Time Allowed :3 Hour	Maximum Marks :60	Total Questions :24
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General Instructions

Read the following instructions very carefully and strictly follow them:

- Answers to this Paper must be written on the paper provided separately.
- You will not be allowed to write during the first 15 minutes
- This time is to be spent in reading the question paper.
- The time given at the head of this Paper is the time allowed for writing the answers,
- The paper has four Sections.
- Section A is compulsory - All questions in Section A must be answered.
- You must attempt one question from each of the Sections B, C and D and one other question from any Section of your choice.

1. Define intelligence.

2. Define psychological assessment and defense mechanisms.

3. Explain the concepts of social stress and general stress.

4. Define agoraphobia and token economy.

5. Identify reasons for joining groups and distinguish between formal and informal groups.

6. Explain the term “Mental Retardation.”

7. Describe the Triarchic theory of intelligence.

8. Outline techniques for self-control.

9. Explain the impact of stress on the immune system and methods for coping.

10. Describe OCD and define the components of attitude.

11. Describe projective techniques for personality assessment.

12. Outline the symptoms of Schizophrenia and explain substance abuse/dependence.

13. Analyze the role of heredity and environment in intelligence.
