

JEE MAIN 2026

Exam Day Guidelines & Important Instructions


Session 2 – April 2026 | Conducted by National Testing Agency (NTA)

Prepared for Quick Reference & Peace of Mind


“Your hard work brought you here. Today, just stay calm and execute.”


Important Note for You

Read this entire document once before the exam day.

These instructions are compiled from the latest NTA guidelines. Small things you might miss have been highlighted with  icons. Print this PDF, keep it with your Admit Card, and read it the night before.

➤ 1 Exam Schedule & Reporting Timings


Particulars	Shift 1 (Morning)	Shift 2 (Afternoon)
Exam Time	9:00 AM – 12:00 PM	3:00 PM – 6:00 PM
Reporting / Entry Starts	7:00 AM	1:00 PM
 Gate Closing Time	8:30 AM (No entry after this)	2:30 PM (No entry after this)
Invigilator Instructions	8:30 – 8:50 AM	2:30 – 2:50 PM
Exam Starts	9:00 AM sharp	3:00 PM sharp

 **Pro Tip:** Reach the centre at least 90 minutes early. Traffic, parking, and long frisking queues can easily eat 30–45 minutes.

› 2 Mandatory Documents (Don't Forget Even One!)

Items to Carry

- Printed **JEE Main 2026 Admit Card** (A4 size, clear print – colour preferred).
- Self-Declaration Form** on Admit Card completely filled (photo pasted + signature + left thumb impression).
- One **valid original Photo ID** (Aadhaar / Passport / Voter ID / PAN / Driving Licence / School ID).
- Two recent passport-size photographs** (exactly same as uploaded in application).
- PwD certificate (if applicable) – in original.
- For diabetic candidates only: Sugar tablets / fruits + transparent water bottle.

 **Small point you might miss:** Name on ID must **exactly** match Admit Card. No photocopy of ID is allowed. Keep everything in a **transparent folder**.

› 3 Dress Code – Follow Strictly

General Guidelines

- › Light, comfortable clothes (preferably half-sleeves).
- › No metal items, thick buttons, multiple pockets, belts with buckles.
- › No watches, jewellery, caps, scarves, headgear (except religious – reach early).
- › Footwear: Only open sandals / slippers (thin soles).

› Sikh candidates: Kara & Kirpan allowed but extra checking – reach 30 min earlier.

⚠ Pro Tip: Avoid full sleeves even if cold – invigilators may ask you to roll up sleeves.

› 4 Permitted vs Prohibited Items

✔ Permitted Items

- ✔ Transparent ballpoint pen (blue/black)
- ✔ Admit Card + ID + 2 photos
- ✔ Transparent water bottle (diabetic candidates)
- ✔ Sugar tablets / fruits (only diabetics)

✘ Prohibited (NO!)

- ✘ Mobile phone, smartwatch, ear-phones
- ✘ Any electronic gadget or camera
- ✘ Books, notes, geometry/pencil box
- ✘ Handbag, purse, wallet, food items
- ✘ Metallic items, jewellery, caps

Violation = Immediate cancellation + legal action under Public Examinations Act 2024

› 5 Important DO'S and DON'TS

✔ DO'S

- ➔ Reach centre early & cooperate fully during frisking & biometric verification (face authentication + thumb).
- ➔ Occupy only your allotted seat.
- ➔ Read every on-screen instruction carefully before starting.

- ➔ Use only the rough sheets provided (write your name/roll on them).
- ➔ Stay calm – attempt easy questions first.
- ➔ Raise hand immediately for any technical issue (mouse/keyboard/glitch).
- ➔ Maintain complete silence inside the hall.
- ➔ Keep at least 6 feet distance wherever required.

⊗ DON'TS

- ➔ Do not reach late – **no entry after gate closing**.
- ➔ Do not carry prohibited items (even in pockets).
- ➔ Do not talk, gesture or look at other candidates.
- ➔ Do not leave the hall before full time (even if you finish early).
- ➔ Do not write anything on desk or admit card.
- ➔ Do not take rough sheets outside.
- ➔ Do not request seat change or question paper change.

➤ 6 During the Examination

- Login with the password given on screen.
- Verify that the question paper is of your chosen subject & paper code.
- The timer starts only after you click “I Agree”.
- System will auto-submit at the end – no need to panic.
- ⚠ If any technical issue arises, raise hand **immediately**. Do not try to fix yourself.
- Rough work only on provided sheets – no rough work on question paper (it's digital).

> 7 After the Examination

- ✔ Wait for invigilator's permission to leave.
- ✔ Submit all rough sheets before leaving.
- ✔ Collect your belongings from outside the hall carefully.
- ✔ Exit one by one as instructed.
- ✔ Do not discuss paper questions near the centre.

☆ Final Success Tips You Might Miss

- 💡 Sleep at least 7 hours the night before.
- 💡 Eat light breakfast/lunch (no heavy food).
- 💡 Check centre location & route one day before.
- 💡 Keep your mobile **switched off** and with parents/friends outside.
- 💡 Carry only the bare minimum – less items = less tension.
- 💡 If you feel anxious, take 3 deep breaths before entering the hall.
- 💡 **Remember:** You have prepared well. Today is just the day to show it.

You've got this!

 **All the very best for JEE Main 2026!**

Official Sources: <https://jeemain.nta.nic.in> | <https://nta.ac.in> | <https://nta.ac.in>