

Mizoram Board Class 12, 2026 Psychology Question Paper

Time Allowed :3 Hours

Maximum Marks :100

Total questions :38

General Instructions

Read the following instructions very carefully and strictly follow them:

1. The paper is divided into two sections – Section A (Compulsory) and Section B (Elective).
2. Section A is compulsory for all candidates and generally includes objective-type questions, short answer questions, and long answer questions from the prescribed syllabus.
3. In Section A, candidates are required to answer all questions. The questions will cover topics from ancient, medieval, and modern history as prescribed by the syllabus.
4. Section B consists of elective questions. Candidates are required to attempt questions from the chosen topic according to the provided options.
5. The questions in Section A will be in the form of multiple-choice, short answer, and essay-type questions.
6. Answers to all questions must be written in neat and legible handwriting. Candidates must adhere strictly to the word limit mentioned in the questions.
7. Use of unfair means or electronic devices during the examination is strictly prohibited.
8. Candidates must ensure that they write their answers in the correct format, following the instructions given for each section.

1. What is alcohol abuse and dependence?

2. What is psychotherapy?

3. Differentiate between team and crowd.

4. Explain any three types of Multiple Intelligence described by Howard Gardner.

5. How does Freud explain the structure of personality?

6. Describe the General Adaptation Syndrome.

7. Explain the three stages of interview format.

8. Write in detail the four types of somatoform disorders.

9. If psychotherapy helps in treating psychological distress, give any four factors that contribute to healing.

10. Explain the four important elements of group structure.

11. Explain the Rorschach Inkblot Test and the Thematic Apperception Test (TAT).

12. Define anxiety. Discuss the major anxiety disorders and their symptoms.
