TOEFL Mock Test 3

Questions with Answers

READING

1. Passage + Question

Choose the best answer.

Regular physical activity is linked to better physical and mental health. Experts recommend at least 150 minutes of moderate exercise each week for adults.

Question: What do experts recommend?

(A) No exercise
(B) At least 150 minutes of moderate exercise per week
(C) Only intense gym workouts
(D) Exercise only on weekends

2. Passage + Question

Choose the best answer.

Libraries remain important community spaces. They offer free access to books, quiet study areas, and educational programmes for people of all ages.

Question: According to the text, libraries provide:

(A) Only digital books
(B) Free access to resources and programmes
(C) Free meals
(D) Only for university students

LISTENING (Transcript for practice)

3. Listening

Read or listen to the transcript and answer.

Transcript: Announcement: The campus career fair will be held next Wednesday in the main hall from 10 a.m. to 4 p.m. Students can meet employers and submit résumés.

Question: When is the career fair?

(A) Next Monday
(B) Next Wednesday
(C) Next Friday
(D) Next month

SPEAKING

4. Independent Speaking

15 sec prepare, 45 sec speak.

Describe a memorable teacher and explain what made the teacher memorable.

5. Independent Speaking

15 sec prepare, 45 sec speak.

Do you think it is more important to save money or to enjoy spending it? Explain.

WRITING

6. Email Task

80–120 words.

Write an email to the university library asking about extending a book loan period. Explain why. (80–120 words)

7. Academic Discussion / Opinion

100–150 words.

Some people think technology makes learning easier. Others believe it creates distractions. What is your view? (100–150 words)

ANSWERS & GUIDANCE

1. Reading – Correct Answer: (B)

2. Reading – Correct Answer: (B)

3. Listening – Correct Answer: (B)

4 & 5. Speaking – State main point clearly, give 1–2 reasons/examples, conclude briefly. Speak at a natural pace.

6. Email – Greeting → polite request + reason → details → closing.

7. Discussion – Clear opinion → supporting reasons with examples → short conclusion.

Practice under timed conditions for best results.