TOEFL Mock Test 8

Questions with Answers

READING

1. Passage + Question

Choose the best answer.

Sleep is essential for memory consolidation and overall health. Students who regularly sleep less than six hours often report difficulty concentrating in class.

Question: What problem can result from sleeping less than six hours?

(A) Better concentration
(B) Difficulty concentrating
(C) More energy
(D) Improved memory

2. Passage + Question

Choose the best answer.

Community gardens allow city residents to grow their own food and meet neighbours. They can also make urban neighbourhoods more attractive and environmentally friendly.

Question: What is one benefit of community gardens?

(A) They increase pollution
(B) Residents can grow food and meet neighbours
(C) They replace all parks
(D) They are only for experts

LISTENING (Transcript for practice)

3. Listening

Read or listen to the transcript and answer.

Transcript: Professor: The guest lecture on Friday has been moved to the large auditorium because of high interest. Please arrive early to get a seat.

Question: Where will the guest lecture be held?

(A) The usual classroom
(B) The large auditorium
(C) Online only
(D) The library

SPEAKING

4. Independent Speaking

15 sec prepare, 45 sec speak.

Describe a challenge you overcame.

5. Independent Speaking

15 sec prepare, 45 sec speak.

Some people prefer to plan their free time carefully. Others prefer to be spontaneous. Which do you prefer?

WRITING

6. Email Task

80–120 words.

Write an email to a friend inviting them to a study session at the library. (80–120 words)

7. Academic Discussion / Opinion

100–150 words.

Should young people be required to do community service? Give your opinion with reasons. (100–150 words)

ANSWERS & GUIDANCE

1. Reading – Correct Answer: (B)

2. Reading – Correct Answer: (B)

3. Listening – Correct Answer: (B)

4 & 5. Speaking – State main point clearly, give 1–2 reasons/examples, conclude briefly. Speak at a natural pace.

6. Email – Greeting → polite request + reason → details → closing.

7. Discussion – Clear opinion → supporting reasons with examples → short conclusion.

Practice under timed conditions for best results.