

# TOEFL Online Practice Test 3

Questions with Answers

---

## READING

### 1. Passage + Question

*Choose the best answer.*

Regular exercise supports both physical and mental health. Even moderate activities such as walking or cycling can reduce stress and improve concentration.

**Question:** What can moderate exercise help with?

- (A) Only weight gain
- (B) Reducing stress and improving concentration
- (C) Avoiding all activity
- (D) Sleeping less

### 2. Passage + Question

*Choose the best answer.*

Open educational resources provide free textbooks and course materials online. They can lower costs for students and increase access to learning materials worldwide.

**Question:** What is one advantage of open educational resources?

- (A) Higher costs
- (B) Lower costs and greater access
- (C) Only for teachers
- (D) Limited availability

## LISTENING (Transcript for practice)

### 3. Listening

*Read or listen to the transcript and answer.*

**Transcript:** Announcement: The career workshop on résumé writing will be held this Thursday at 3 p.m. in Room 204. Registration is free but spaces are limited.

**Question:** When is the workshop?

- (A) This Monday
- (B) This Thursday at 3 p.m.
- (C) Next month
- (D) Online only

## SPEAKING

### 4. Independent Speaking

*15 sec prepare, 45 sec speak.*

Describe something you are looking forward to.

### 5. Independent Speaking

*15 sec prepare, 45 sec speak.*

Do you prefer to study with background noise or in complete silence? Why?

## WRITING

### 6. Email Task

*80–120 words.*

Write an email to the international student office asking about visa document requirements. (80–120 words)

### 7. Discussion / Opinion

*100–150 words.*

Should schools teach financial literacy as a required subject? Give your opinion with reasons. (100–150 words)

## ANSWERS & GUIDANCE

---

**1. Reading – Correct Answer: (B)**

**2. Reading – Correct Answer: (B)**

**3. Listening – Correct Answer: (B)**

4 & 5. Speaking – Clear main point, 1–2 reasons/examples, brief conclusion. Natural pace and clear pronunciation.

6. Email – Greeting → polite request + reason → details → polite closing.

7. Discussion – Clear opinion → supporting reasons with examples → short conclusion.

*Practice under timed conditions for best results.*