

# UP CNET 2026 Post Basic BSc Nursing

## Question Paper (Memory-Based)

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### General Instructions

- (i) The examination will be conducted in Computer-Based Test (CBT) mode.
- (ii) The question paper will consist of Multiple Choice Questions (MCQs).
- (iii) Each question carries +1 mark for every correct answer.
- (iv) There is no negative marking for incorrect answers.
- (v) The total number of questions is 120.
- (vi) The duration of the examination is 140 minutes.
- (vii) Only one option is correct for each question.
- (viii) No marks will be awarded or deducted for unattempted questions.
- (ix) Candidates must carry a valid admit card and photo identity proof to the examination centre.
- (x) Electronic devices such as mobile phones, smart watches, calculators and other communication devices are strictly prohibited inside the examination hall.
- (xi) Candidates should follow all instructions issued by the examination authority during the examination.

**1. Modifiable risk factors in case of hypertension include all, except:**

- (A) Age
- (B) Obesity
- (C) Salt intake
- (D) Alcohol intake

**2. Kangaroo Mother Care (KMC) is mainly used for:**

- (A) Full-term baby
  - (B) Low birth weight baby
  - (C) Macrosomic baby
  - (D) Post-term baby
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**3. Most effective method to prevent hospital-acquired infection is:**

- (A) Antibiotics
  - (B) Hand hygiene
  - (C) Isolation only
  - (D) PPE only
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**4. If a patient's blood pressure is 120/80 mmHg, his pulse pressure is:**

- (A) 54 mmHg
  - (B) 40 mmHg
  - (C) 96 mmHg
  - (D) 200 mmHg
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**5. A 55-year-old male presents with severe chest pain radiating to the left arm, sweating, and nausea. ECG shows ST elevation. What is the priority nursing action?**

- (A) Start IV fluids
  - (B) Administer oxygen
  - (C) Give morphine
  - (D) Check blood sugar
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**6. Strength of Savlon for disinfecting thermometer is:**

- (A) 1:20
  - (B) 1:30
  - (C) 1:40
  - (D) 1:50
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**7. Convert Fahrenheit to Celsius formula is:**

- (A)  $(F - 32) \times \frac{5}{9}$
  - (B)  $(F + 32) \times \frac{5}{9}$
  - (C)  $(F - 32) \times \frac{9}{5}$
  - (D)  $(F \times \frac{9}{5}) + 32$
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**8. When an individual expresses his failures and difficulties by blaming others is known as:**

- (A) Repression
  - (B) Projection
  - (C) Denial
  - (D) Sublimation
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**9. Rate of chest compression to ventilation ratio for neonatal resuscitation is:**

- (A) 3:1
  - (B) 1:3
  - (C) 3:2
  - (D) 2:1
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**10. Intelligence Quotient (IQ) is:**

- (A) Mental age/Chronological age  $\times 100$
  - (B) Retrieval
  - (C) Chronological age/Mental age  $\times 100$
  - (D) None of the above
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**11. Which of the following visual aid is ideal for rural community?**

- (A) Model
  - (B) Role play
  - (C) Chalk board
  - (D) Pamphlet
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**12. A written statement outlining duties, responsibilities and work assignment is referred as:**

- (A) Job Description
  - (B) Job Evaluation
  - (C) Job Analysis
  - (D) Self Appraisal
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**13. VED stands for:**

- (A) Valuable, Essential, Desirable
  - (B) Valuable, Estimated, Desirable
  - (C) Vital, Essential, Desirable
  - (D) Vital, Estimated, Desirable
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**14. Sampling method gives equal chance to all units in the population to get picked?**

- (A) Random
  - (B) Accidental
  - (C) Judgemental
  - (D) Quota
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**15. Importance of research in nursing is to:**

- (A) Build a body of nursing knowledge
  - (B) Promote confidence in nursing practice
  - (C) Build infrastructure for nursing education
  - (D) Help in smooth functioning of nursing unit
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