

Stitching and Sewing Practice Paper with Solutions

Time Allowed :3 Hours	Maximum Marks :100	Total questions :10
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General Instructions

Read the following instructions very carefully and strictly follow them:

1. All questions are compulsory.
2. Questions 1–5 are objective type questions.
3. Questions 6–10 are descriptive type questions.
4. Write answers neatly and clearly.
5. Use of unfair means is strictly prohibited.

1. Which tool is used for taking body measurements in stitching?

- (A) Scale
- (B) Measuring tape
- (C) Compass
- (D) Thread

Correct Answer: (B) Measuring tape

Solution:

A measuring tape is flexible and designed specifically for measuring body parts accurately for stitching garments.

Step 1: Analyze the options.

- Scale — Rigid, not suitable for body measurement.
- Measuring tape — Flexible and accurate.
- Compass — Used for drawing circles.
- Thread — Not a measuring tool.

Step 2: Conclusion.

Hence measuring tape is correct.

Final Answer:

(B) Measuring tape

Quick Tip

Always take measurements while standing straight for accuracy.

2. Which stitch is commonly used for temporary sewing?

- (A) Running stitch
- (B) Chain stitch
- (C) Blanket stitch
- (D) Cross stitch

Correct Answer: (A) Running stitch

Solution:

Running stitch is simple and easy to remove, making it ideal for temporary sewing or basting.

Step 1: Analyze the options.

- Running stitch — Used for temporary sewing.
- Chain stitch — Decorative stitch.
- Blanket stitch — Used on edges.
- Cross stitch — Embroidery stitch.

Step 2: Conclusion.

Thus running stitch is correct.

Final Answer:

(A) Running stitch

Quick Tip

Temporary stitches are also called basting stitches.

3. What is used to cut fabric?

- (A) Knife
- (B) Blade
- (C) Scissors
- (D) Cutter

Correct Answer: (C) Scissors

Solution:

Fabric scissors are specially designed to cut cloth smoothly without fraying.

Step 1: Analyze the options.

- Knife — Unsafe for fabric cutting.
- Blade — Not suitable for precise cuts.
- Scissors — Proper tool for fabric.
- Cutter — Used mainly for paper or craft.

Step 2: Conclusion.

Therefore scissors are correct.

Final Answer:

(C) Scissors

Quick Tip

Use fabric scissors only for cloth to keep them sharp.

4. Which part of the sewing machine holds the thread spool?

- (A) Bobbin case
- (B) Needle plate
- (C) Spool pin
- (D) Presser foot

Correct Answer: (C) Spool pin

Solution:

The spool pin holds the spool of thread from which the thread is fed into the machine.

Step 1: Analyze the options.

- Bobbin case — Holds lower thread.
- Needle plate — Supports fabric.
- Spool pin — Holds thread spool.
- Presser foot — Holds fabric in place.

Step 2: Conclusion.

Thus spool pin is correct.

Final Answer:

(C) Spool pin

Quick Tip

Always place the spool properly to avoid thread tangling.

5. Which stitch is used for hemming clothes?

- (A) Back stitch
- (B) Hem stitch
- (C) Chain stitch
- (D) Cross stitch

Correct Answer: (B) Hem stitch

Solution:

Hem stitch is used to finish edges neatly, especially at the bottom of garments.

Step 1: Analyze the options.

- Back stitch — Strong seam stitch.
- Hem stitch — Used for hemming.

- Chain stitch — Decorative.
- Cross stitch — Embroidery.

Step 2: Conclusion.

Therefore hem stitch is correct.

Final Answer:

(B) Hem stitch

Quick Tip

Hemming prevents fabric edges from fraying.

6. Define stitching. Write the importance of stitching in daily life.

Solution:

Stitching is the process of joining two or more pieces of fabric together using a needle and thread, either by hand or with the help of a sewing machine. It is one of the oldest and most useful textile skills practiced by humans. Stitching can be used not only for making garments but also for repairing, decorating, and constructing a variety of textile products.

Stitching plays an important role in daily life. It enables the production of clothes for protection, comfort, and fashion. It is essential for repairing torn garments, thereby increasing their lifespan and reducing wastage. Stitching is also used in making household items such as curtains, bed sheets, cushion covers, table cloths, and bags. Moreover, it provides employment opportunities in tailoring and the garment industry.

In addition, stitching allows individuals to customize clothes according to their size and preference. It is also a creative activity that promotes self-reliance and skill development, especially among homemakers and students. Thus, stitching is both a practical and economically valuable skill in everyday life.

Quick Tip

Stitching skills can help save money and generate income.

7. Explain any four tools used in sewing with their uses.

Solution:

Several tools are essential for sewing, each designed to perform a specific function efficiently. One important tool is the needle, which is used to pass thread through the fabric to create stitches. Needles come in different sizes depending on the thickness of the fabric. Another important tool is scissors, specially designed for cutting fabric. Fabric scissors provide clean and precise cuts without damaging the cloth. Measuring tape is also an essential tool used to take body measurements accurately before cutting fabric. It is flexible and marked with units for precise measurement.

Tailor's chalk or fabric marker is used for marking lines, patterns, and cutting guides on the fabric. These marks can be easily removed after stitching. Other useful tools include pins for holding fabric pieces together and a thimble to protect fingers while sewing.

Using proper tools ensures neat stitching, accuracy, and efficiency in sewing work.

Quick Tip

Keep sewing tools organized to avoid damage and loss.

8. Describe the parts of a sewing machine.

Solution:

A sewing machine consists of several important parts that work together to produce stitches. The needle is one of the most essential parts, as it carries the thread through the fabric. The presser foot holds the fabric firmly in place while stitching, ensuring smooth movement. The spool pin holds the spool of thread, which feeds the upper thread into the machine. The bobbin and bobbin case hold the lower thread required to form stitches. The needle plate supports the fabric and has openings through which the needle passes.

The hand wheel is used to manually move the needle up and down, while the foot pedal controls the speed of the machine. Modern machines may also include tension controls, stitch selectors, and reverse levers for various stitching operations.

Each part plays a vital role, and proper knowledge of these components helps in efficient operation and maintenance of the sewing machine.

Quick Tip

Regular cleaning and oiling keep the machine working smoothly.

9. What is measurement taking? Explain its importance before cutting fabric.

Solution:

Measurement taking is the process of accurately determining the dimensions of a person's body or a garment using tools such as a measuring tape. These measurements include chest, waist, hips, shoulder width, sleeve length, and garment length.

Accurate measurement is extremely important before cutting fabric because it determines the fitting of the final garment. Incorrect measurements may result in clothes that are too tight, too loose, or uncomfortable to wear. Proper measurement also helps in planning fabric usage efficiently and minimizing wastage.

Measurement taking ensures that the garment matches the wearer's body shape and provides comfort and ease of movement. It is also essential for preparing patterns and marking cutting lines correctly. For professional tailoring, precise measurements are crucial to achieve a high-quality finish.

Thus, measurement taking is the foundation of successful stitching and garment construction.

Quick Tip

Always recheck measurements before cutting fabric.

10. Write the steps for stitching a simple handkerchief.

Solution:

Stitching a simple handkerchief is a basic sewing task that helps beginners learn fundamental techniques. The first step is to select a suitable cotton fabric and cut it into a neat square of the desired size. The edges of the fabric should then be folded inward to prevent fraying. Next, the folded edges are pressed with an iron to keep them flat and in place. After that, hemming stitches are made along all four sides using either hand stitching or a sewing machine. Care should be taken to maintain equal stitch length for a neat appearance. Finally, loose threads are trimmed, and the handkerchief is pressed again to give it a finished look. Decorative elements such as embroidery or lace may also be added for aesthetic appeal. This simple project helps develop accuracy, patience, and basic sewing skills.

Quick Tip

Start with simple projects to build sewing confidence.
