

Modern technology has made many aspects of life more convenient, but some people believe that it has made individuals less dependent on one another. I largely agree with this view because technology allows people to perform many tasks independently, although it has also created new forms of social dependence.

One reason technology can reduce people's dependence on others is that many everyday tasks can now be completed without assistance. For example, people can use online banking to manage their finances, shopping platforms to purchase goods and navigation applications to find locations without asking other people for help. Similarly, online educational resources allow students to learn independently rather than relying entirely on teachers or tutors.

Technology can also reduce face-to-face interaction. People may communicate through digital platforms instead of meeting relatives, neighbours or colleagues in person. As a result, some individuals may become less accustomed to seeking emotional or practical support from people around them.

However, technology has not eliminated human dependence. In fact, social media, online communities and communication applications allow people to maintain relationships over long distances. During difficult situations, people can also use technology to organise support, share information and seek professional assistance. Therefore, technology has changed the way people depend on one another rather than completely removing this dependence.

In my opinion, technology has made individuals more self-sufficient in many practical areas, but humans still require social and emotional connections. The impact therefore depends largely on how technology is used.

In conclusion, modern technology has reduced people's need for assistance with many everyday tasks, but it has not removed the fundamental importance of human relationships and cooperation.