

CBSE Class 12 Home Science 2025 - 69/S - Compartment



Question Paper

Conducted by the Central Board of Secondary Education (CBSE)

Time Allowed: 3 Hours

Maximum Marks: 70

General Instructions

- (i) This question paper contains 35 questions.
- (ii) All questions are compulsory.
- (iii) Section A: Questions 1–14 are multiple-choice questions carrying 1 mark each.
- (iv) Section B: Questions 15–18 are case-study questions carrying 1 mark each.
- (v) Section C: Questions 19–25 carry 2 marks each and Questions 26–29 carry 3 marks each.
- (vi) Section D: Questions 30–33 carry 4 marks each and Questions 34–35 carry 5 marks each.
- (vii) Internal choices are provided in some questions.
- (viii) Support your answers with suitable examples wherever required.

Section A

1. Which of the following best defines food manufacturing ?

- | | |
|---|---|
| (A) Food preservation and storage to enhance shelf life | (B) Food fortification to enhance nutritive value |
| (C) Food service and hospitality to meet diverse consumer demands | (D) Food processing and technology to produce safe and convenient foods |

2. Adjustment of human and machine is known as :

- | | |
|-------------------------------|----------------------|
| (A) Ergonomics | (B) Entrepreneurship |
| (C) Human Resource Management | (D) Anthropometry |

3. The Consumer Protection Act, 1986 has been replaced by a new Act in which year ?

- | | |
|----------|----------|
| (A) 2000 | (B) 2005 |
| (C) 2020 | (D) 2019 |

4. What role did the leading newspaper 'Hindustan Times' play in bringing services and benefits to the people of Chhatera village ?

- | | |
|---|---|
| (A) Provided financial aid to the villagers | (B) Held elections of local leaders |
| (C) Utilised the power of press to get solutions to problems of the villagers | (D) Launched a campaign against the villagers |

5(a). A person experiences fatigue, shortness of breath and paleness in eyes and nails. These symptoms are indicators of which nutritional deficiency disorder ?

- | | |
|-----------------------------|--------------------------------|
| (A) Iron deficiency anaemia | (B) Vitamin D deficiency |
| (C) Smallpox | (D) Iodine-deficiency disorder |

OR

5(b). Mid-day meal programme is an example of which of the following ?

- | | |
|---|------------------------------------|
| (A) Nutrient deficiency control programme | (B) Food supplementation programme |
| (C) Food security programme | (D) Wage employment scheme |

6. Which of the following option is suitable for a career in the field of Food Quality and Food Safety ?

- | | |
|---------------------------|-----------------------------|
| (A) Clinical nutritionist | (B) Environmental scientist |
| (C) Chemist | (D) Food inspector |

7. Which 'Article' of the Constitution of India guarantees equality of opportunity for all citizens in matters relating to employment and appointment to any office under the State ?

- | | |
|-------------------|-------------------|
| (A) Article 48(1) | (B) Article 16(1) |
| (C) Article 22(1) | (D) Article 52(1) |

8. Choose the correct pair of the type of processed food with its example :

- | | |
|-------------------------------------|-------------------------------------|
| (A) Formulated food : Cake | (B) Preserved food : Wheat |
| (C) Manufactured food : Frozen peas | (D) Food derivatives : Fresh fruits |

9. Deficiency of which of the following nutrient can result in night blindness ?

- | | |
|----------------|----------------|
| (A) Folic Acid | (B) Zinc |
| (C) Vitamin A | (D) Riboflavin |

10. What is the function of hydro extractors in the laundry industry ?

- (A) Washing and cleaning clothes (B) Drying and pressing clothes
(C) Ironing and removing wrinkles from clothes (D) Drying clothes by getting rid of 60 – 70% moisture

11. Match the food hazard given in List-I with its example in List-II.

List-I (Food Hazard)	List-II (Example)
i. Physical hazard	1. Pesticides
ii. Chemical hazard	2. Fly
iii. Visible biological hazard	3. Virus
iv. Invisible microbiological hazard	4. Feather

Choose the correct option from the following :

- (A) i – 2, ii – 4, iii – 1, iv – 3 (B) i – 4, ii – 1, iii – 2, iv – 3
(C) i – 3, ii – 1, iii – 4, iv – 2 (D) i – 3, ii – 4, iii – 2, iv – 1

12. Match the Development Communication term / examples of its methods given in List-I with their related year in List-II.

List-I (Term / example)	List-II (Year)
i. Development Communication	1. 1969
ii. EDUSAT	2. 2014
iii. Project Village Chhatera	3. 2004
iv. Swachh Bharat Mission	4. 1972

Choose the correct option from the following :

- (A) i – 4, ii – 3, iii – 1, iv – 2 (B) i – 2, ii – 1, iii – 4, iv – 3
(C) i – 3, ii – 2, iii – 4, iv – 1 (D) i – 4, ii – 3, iii – 2, iv – 1

13. Which facilities are provided by multiservice centres for older people ?

- (i) Nursing care to the seriously ill
- (ii) Day care and health care
- (iii) Financial aid
- (iv) Educational and entertainment opportunities

Choose the correct option from the following :

- (A) (i) and (ii) (B) (iii) and (iv)
(C) (ii) and (iv) (D) (i) and (iii)

14(a). Identify the medical foods which are used in the dietary management of diseases.

- (i) Canned fruits
- (ii) Low sodium salt
- (iii) Lactose-free milk
- (iv) Pasteurised milk

Choose the correct option from the following :

- (A) (iii) and (iv) (B) (i) and (ii)
(C) (ii) and (iv) (D) (ii) and (iii)

OR

14(b). According to FSSAI, functional foods or nutraceuticals may contain which of the following ingredients ?

- (i) Minerals or vitamins or proteins or their compounds, etc.
- (ii) Substances that supplement the diet exceeding the recommended daily allowances
- (iii) Excess sugars and fats
- (iv) Plants or botanicals in the form of powder, concentrate or extract

Choose the correct option from the following :

- (A) (i) and (iii) (B) (i) and (iv)
(C) (ii) and (iii) (D) (iii) and (iv)

Section B

15. Read the passage carefully and answer the questions no. 15 to 18.

Training and scientific knowledge of childhood, developmental changes and challenges is even more critical for those adults who choose early childhood programmes as a career. Early child care professionals are responsible for children other than their own. The activities they perform as child care professionals constitute their work and they receive formal recognition for this. Teachers and caregivers are responsible to children who may not be their biological offspring, and to the institution they work for, as well as the larger society.

In the context of ECCE, choose the correct pair :

- | | |
|---|---|
| (A) Early childhood :
Birth to 8 years | (B) Toddler : 5 to 8
years |
| (C) NCF : New
Curriculum
Framework | (D) ICDS : Programme
for the elderly |

16. Match the educators/concept of Early Childhood Care and Education given in List-I with its description in List-II.

List-I (Educator/C oncept)	List-II (Description)
i. Maria Montessori	1. Children need a concerned, caring and knowledgeable adult
ii. Jean Piaget	2. Institutional setting for the care of infants and young children
iii. Lev Vygotsky	3. Children need a supportive environment to explore phenomena in their own ways
iv. Crèche	4. Outline of schools based on the principles of early childhood education

Choose the correct option from the following :

- | | |
|---------------------------------------|---------------------------------------|
| (A) i – 2, ii – 4, iii – 1, iv
– 3 | (B) i – 3, ii – 1, iii – 2, iv
– 4 |
| (C) i – 4, ii – 3, iii – 2, iv
– 1 | (D) i – 4, ii – 3, iii – 1, iv
– 2 |

17. Given below are two statements labelled as Assertion (A) and Reason (R).

Assertion (A): Young children have a short attention span when compared with older children and adults.

Reason (R): A pre-school teacher should quickly change her lesson plan and strategies to deal with the needs of young children.

Select the most appropriate answer from the options given below :

- | | |
|---|--|
| (A) Both (A) and (R)
are true and (R) is
the correct
explanation of (A). | (B) Both (A) and (R)
are true, but (R) is
not the correct
explanation of (A). |
| (C) (A) is true, but (R)
is false. | (D) (A) is false, but (R)
is true. |

18. Given below are two statements labelled as Assertion (A) and Reason (R).

Assertion (A): Guiding principles of ECCE emphasise on experiential learning.

Reason (R): A young baby of around 8 – 12 months can show fear of unknown people.

Select the most appropriate answer from the options given below :

- | | |
|---|--|
| (A) Both (A) and (R)
are true and (R) is
the correct
explanation of (A). | (B) Both (A) and (R)
are true, but (R) is
not the correct
explanation of (A). |
| (C) (A) is true, but (R)
is false. | (D) (A) is false, but (R)
is true. |

Section C

19(a). A person suffering from prolonged illness has been admitted to district hospital by his family. Which level of health care is this ? If his health does not improve, then which level of health care will he be shifted to ?

OR

19(b). Insufficient intake of nutrients increases the risk of malnutrition. Write the names of terms used for the deficiency of macro and micro nutrients in the body.

20. 16-year-old Bhura is caught by the police for snatching a mobile phone and sent to custody for violating the law. Under which Act was he arrested ? Mention the two categories of children defined under this Act.

21. Classify foods based on their perishability. Also give an example of any one type.

22. What are neutral colours ? Provide any two examples.

23. Explain in which two ways is commercial laundry different from household laundry.

24. A food factory wants to launch few new recipes of snacks in the market. To create innovative recipes, which four types of knowledge and skills should their professionals have for recipe development ?

25(a). State two reasons why it is essential to focus on public health nutrition in India.

OR

25(b). Mention any two long-term strategies laid down by the Government of India to tackle nutritional problems.

26(a). Kiran Mazumdar-Shaw, the Chairperson of Biocon Ltd. is an eminent woman entrepreneur. Which three personal qualities must a successful entrepreneur like her possess ?

OR

26(b). A group of students wish to present a Nukkad natak based on the scheme launched in Panipat, Haryana to improve the child gender ratio. Identify the name of this scheme. In which year was it launched ? Also state its any one other objective.

27. Knowledge of which two types of skills would be needed by a person working in an institution/programme for children, the youth or the elderly ? Suggest any one course required for seeking employment in the above field.

28. (i) Name the nationwide campaign which was focused on generating awareness about HIV/AIDS.

(ii) From where did the journey of this campaign start ?

(iii) Which campaign had been started for consumer awareness in India ?

29(a). After doing a short-term course in laundry management, in which three fields of work can a person make a career ?

OR

29(b). Discuss three types of washing machines available in the market.

Section D

30(i). State any one activity carried out for nutritional care of any individual during illness.

30(ii). In which three ways can diets be modified to meet the medical needs of the patient ?

31(i). Roohi saw a banner of 80% sale on shoes in the market and went there for shopping. In this context, briefly explain two problems which she might face as a consumer.

31(ii). Roohi saw a banner of 80% sale on shoes in the market and went there for shopping. List any four rights which have been provided to the consumers by the government.

32(a)(i). Since ancient times, governing authorities in the world have developed food safety and quality standards to protect the health of consumers. WTO is one such organisation that contributes to it. Write its full name and the year it was established.

32(a)(ii). Since ancient times, governing authorities in the world have developed food safety and quality standards to protect the health of consumers.

In India, one of the schemes for safeguarding consumer's health is voluntary product certification. Name two standard marks under this scheme.

OR

32(b)(i). 'Food quality testing laboratories also adhere to food standards to facilitate trade between nations and within the country.' In support of this statement, mention four levels of food standards.

OR

32(b)(ii). 'Food quality testing laboratories also adhere to food standards to facilitate trade between nations and within the country.' ISO 9000 is an international reference for quality requirement. Write the full form of ISO and describe it briefly.

33(i). A person is wearing a light blue T-shirt with dark blue jeans, and blue sports shoes. Recognize which colour harmony/scheme is being reflected in his apparel. Present any one other example of this colour harmony/scheme.

33(ii). A person is wearing a light blue T-shirt with dark blue jeans, and blue sports shoes. Into which two groups can the colour harmony/scheme be divided, provide their names.

34(a). Karishma has been working since 20 years in the hospitality industry. She now wants to establish an academy to train personnel for this industry. Which six essential competencies and two managerial functions should her academy focus on ?

OR

34(b). Somveer is a gardener working in a three star hotel and maintaining its garden. State under which department of the hotel he is working in and make a list of any four sections of this department. Who is the head of this department ? Name any one other personnel working in it.

35(i). 'Desi Heritage Bazaar' is a departmental store where fashionable clothes, sporting goods and beauty products are sold. Which are the other two stores in fashion retail business ? Explain briefly.

35(ii). 'Desi Heritage Bazaar' is a departmental store where fashionable clothes, sporting goods and beauty products are sold. According to the fashion cycle, when fashion is at the peak of its popularity, what are its next two stages ?

- End of Question Paper -